



Launches April 22, 2021
Focus: Social-Emotional Learning

Presentations:

No One Plans to Procrastinate, [Kim Marxhausen](#)

You can lead a student to a planner, but you can't make them work! Unless we understand the reasons behind student procrastination no amount of intervention will help. This presentation will discuss the connection between procrastination and self-regulation. We will look at examples and possibilities for helping your students to become more effective learners through the development of self-regulation. (Middle school – high school - 60 min)

Using Self-Care to Build Resilience, [Kim Marxhausen](#)

The past year and a half have left us depleted. We gathered our emotional resources to meet new challenges, but the challenges kept coming. In times of crisis and in times of change, we not only depend on our sense of resilience, but we build on it too. We will discuss the dangers of burn-out and practices that help us to sustain our emotional energy. We will learn about and practice self-care and colleague care while making a plan to be intentional. You need to have an emotional renewal to do the critical work set before you. (All grade levels – 60 min.)

Attending to SEL to Strengthen your Learning Environment, [Dr. Wendy Burke, Professor and Department Head for the Department of Teacher Education at Eastern Michigan University;](#) and [Amy Colton, Executive Director of Learning Forward Michigan](#)

Imagine a classroom where all students manage their emotions and behaviors, communicate effectively, negotiate conflict, care about others, and make responsible decisions. When teachers nurture social and emotional competencies, students thrive personally, socially and academically in school and in life. Leave this session with a deeper understanding of the five Social and Emotional Learning Competencies and a set of strategies that can be used to establish and maintain classroom expectations and norms.

Anxiety Strategies for Educators, [Kara Bratton, Special Education Director at \[Lutheran Special Education Ministries\]\(#\)](#)

There has been an increasing number of students struggling with anxiety. This session will cover some basics of what anxiety is, how the brain is affected, and strategies that educators can employ in their schools to help students with some of these challenges.

Distance Learning and Special Education, Kara Bratton, Special Education Director at Lutheran Special Education Ministries

Distance learning has affected all students in a variety of ways, including students who qualify for special education. This session will focus on some specific points and best practices for students with disabilities in distance learning settings, including SEL considerations.

Social-Emotional Learning in a Wireless World, Dr. Greg Wolcott, Author, Director of Learner First Center for Social Emotional Learning at [FACTS Education Solutions](#)/First Educational Resources – two sessions per grade bands: PK-6 and 7-12

In this unprecedented time in our global history, everything in our students' lives are changing on a daily basis. Routines and procedures have been replaced with questions, fear, and anxiety. Now more than ever is a time for our schools to be working on teaching and supporting social and emotional learning. But how can educators do that when they are forced to teach them behind a screen? This interactive webinar will discuss practical and effective strategies to teach Social- Emotional Learning in a virtual way that not only helps students for long term success, but also helps them with the social and emotional skills to navigate this COVID-19 reality.

Promoting Teacher Self-Care and Wellness – three sessions by [Catapult Learning](#) – presenter TBD

Helping Students Cope with Anxiety – three sessions by [Catapult Learning](#) – presenter TBD

The following sessions will be 90 minutes in length and are presented by Nancy Lourie Markowitz, Ph.D., Executive Director at the [Center for Reaching and Teaching the Whole Child](#); and Wendy Thowdis, Project Manager at the Center for Reaching and Teaching the Whole Child.

Connecting CRT and SEL using the CRTWC Social, Emotional, and Cultural (SEC) Anchor Competencies Framework

This first of three sessions will provide an introduction to the Social, Emotional, and Cultural (SEC) Anchor Competencies Framework, which integrates culturally responsive teaching and social emotional learning to address academic achievement and educator/learner well-being in the context of structural racism.

Using the Social, Emotional, and Cultural Anchor Competencies Framework for Teacher Self-care and Student Well-being

This second of three sessions will provide an understanding of, and opportunity to see how teachers can use the Social, Emotional, and Cultural Anchor Competencies Framework in their classrooms to support teacher and student self-care and well-being.

Using the SEC Anchor Competencies Framework to explore the role of context, assumptions, and beliefs in teacher decision-making and academic achievement

Our third and final session will move deeper into the use of the SEC Anchor Competencies Framework to support anti-racist teaching, examining how both teacher and student contexts (socio-political, historical, community, individual) inform beliefs and assumptions that guide classroom practice.